



Covid Protocols

United Sports Academy is committed to maintaining a clean and safe environment for all of our athletes. We achieve this by conducting a rigorous daily cleaning schedule in both locations as well as following all local and state CDC guidelines. United Sports Academy is suggesting the following protocols to help keep everyone safe:

- **Keep your child home if they are not feeling well.**
- **Masks will be required by all persons over the age of 2 at all United Sports Academy facilities unless the athlete is active on the equipment.**
- **Keep your child home also if a member of your household is not feeling well who may have come in close contact with your child attending United Sports Academy.**
- **Take your child's temperature before leaving, if it's above 100.4 please keep your child home.**
- **If your child comes into close contact with someone who tests positive for Covid please keep them home. The protocol for coming in close contact (within 6 feet for a cumulative total of 15 minutes) with someone who tested positive is as follows: if you are fully vaccinated and you come into close contact with someone who tested positive you do not need to quarantine, but the CDC suggests you should get tested 3-5 days after exposure and should wear a mask for 14 days indoors even if they don't have symptoms or until they receive a negative test. If you have not been vaccinated you need to either quarantine for 10 days, and if symptom free can return to the gym on day 11, or you can choose to test on day 5 or later of exposure and if negative you can return on day 8 if you are symptom free.**
- **Your child should sanitize their hands with our sanitizer upon entering the gym and also before they leave.**
- **Your child should refrain from touching their face.**
- **We will provide a safe distance between your child and the other children in their class.**
- **If your child is not vaccinated the CDC recommends that he or she should wear a mask.**
- **We ask that your child properly covers their face when coughing and sneezing.**

